

Birch Glazed Carrots

1 Lb Carrots
¼ Cup Sweet Tree Birch Syrup
1 Tbsp Frozen orange juice concentrate

1. Combine birch syrup and orange juice concentrate in a small bowl. Set aside.
2. Cook carrots to desired doneness and drain.
3. Pour syrup mixture over carrots and simmer for 5 – 10 minutes to glaze the vegetables.
4. Sprinkle with ginger before serving, if desired.